

Dear Parents/Carers and Children

We have now completed four weeks of remote learning and I could not be more proud of how the children of Goldsmith have adapted and embraced the live teaching, delivered by my fantastic team of staff here at Goldsmith Primary Academy. The positive feedback we have received from you has been amazing, we are so very grateful for this.

We will continue to ensure we provide the best possible support to you, and our children, during these challenging times. If you need any help at all, please don't hesitate to contact school.

For now, stay safe and follow the government guidance.



Mrs Bridgwood
Headteacher

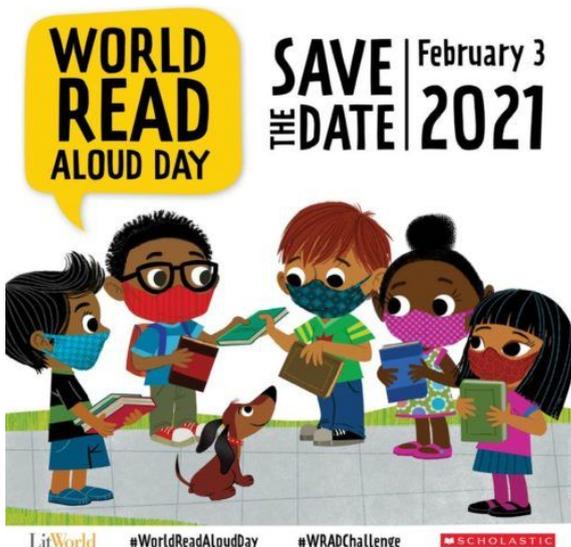
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Let's get reading!

On 3rd February, try and sit with your children and ask them to read their school book or another story to you. Listening to your child read helps them build their own vocabulary and improve their understanding when they listen, which is vital as they start to read. It's important for them to understand how stories work too.



Remote Learning Update!

The children are really embracing the live lessons and the remote learning experience. They are continually engaging with their teachers and producing some excellent work. Well done to you all, keep it up!

Please send photos of your children enjoying remote learning to their year group email:



goldsmithreception1@gmail.com

nurserygoldsmith@gmail.com

goldsmithgoldilocks@gmail.com

year1@goldsmith.windsoracademytrust.org.uk

year2@goldsmith.windsoracademytrust.org.uk

year3@goldsmith.windsoracademytrust.org.uk

year4@goldsmith.windsoracademytrust.org.uk

year5@goldsmith.windsoracademytrust.org.uk

year6@goldsmith.windsoracademytrust.org.uk

During this time of remote learning, it is important for us to continue to protect your children, therefore we are asking parents/carers to be vigilant in monitoring their child's online activity. On this website you will find information about staying safe when online at home. There are support packs available with information on how to keep your children safe and details on a variety of apps and websites. Please read this website carefully and discuss online safety with your children at home.

<https://ictinschools.org/e-safety/online-safety-at-home/>

For Early Help/Safeguarding concerns:

Walsall Children's
Services:

0800 555 2866

www.mywalsall.org

Child Line: 0800 1111



Remote learning work and a bit of snow fun too!

This week, Reception have been completing snow Maths at home, and thanking the NHS with letters and posters. In school, the children have also enjoyed role play; being Police men and women, as well as Firefighters!





Mom, Dad I'm Hungry!

Home schooling is a challenge and Goldsmith understands the pressures associated with this, and also that feeling of hearing these words... Mom, Dad I'm hungry!

Below is an example of a lunch planner that has been designed to feed two children lunch throughout the week. The ingredients can be purchased from any supermarket and the plan adapted to suit your needs. Why not get the children involved and ask them to help make their lunch. Allowing them to help will contribute to their life skills and cognitive development, plus it can be fun too. So why not give it a try!

Kids' lunch planner

Plan five days of tasty, balanced lunches for two little ones, for less than £15. Plus, get inspired with easy tips from M&S senior nutritionist, Laura Street.



M&S accepts the government's £15 school meals vouchers – pick up everything you need for the recipes, which serve two kids, here in store for less than £15.

MONDAY	SHOPPING LIST
<p>Easy, cheesy pasta (serves 2) Cook a couple of large handfuls of pasta and stir in half a jar of M&S tomato & basil pasta sauce. Serve with two slices of cheddar cheese crumbled on top. Enjoy with 1 banana each. Top tip: To make healthy banana ice cream, freeze two sliced bananas in a sealed container then whizz in a food processor until super creamy.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> 500g pasta <input type="checkbox"/> 1 jar M&S tomato & basil pasta sauce <input type="checkbox"/> 1 pack (6) soft tortilla wraps <input type="checkbox"/> 1 loaf (750g) best of both bread <input type="checkbox"/> 1 tin tuna <input type="checkbox"/> 2 red peppers <input type="checkbox"/> 1 pack kids fromage frais <input type="checkbox"/> 1 pack (10) mature cheddar slices <input type="checkbox"/> 4 bananas <input type="checkbox"/> 1 pack M&S chunky breaded cod fish fingers <input type="checkbox"/> 1 bag (500g) carrots <input type="checkbox"/> 1 pack (6) round tomatoes <div style="border: 1px solid black; border-radius: 50%; padding: 5px; display: inline-block; margin-top: 10px;"> <p>5 lunches for 2 for £15</p> </div> 
<p>TUESDAY</p> <p>Tortilla pizzas and salad (serves 2) Spread the remaining M&S tomato & basil sauce over two wraps, then top with a sliced pepper and sliced cheddar cheese. Pop under the grill until the cheese has melted. Meanwhile, grate three carrots and slice two tomatoes. Stir together to make a crunchy salad.</p>	
<p>WEDNESDAY</p> <p>Indoor picnic (serves 2) To make a tasty pasta salad, cook two handfuls of pasta. Toss with a tin of drained tuna and and three quartered tomatoes. Chop two carrots and a pepper into chunks for some crunchy snacks. Enjoy with 1 pot of fromage frais and 1 banana each. Top tip: Lay out a rug inside, in your garden or on the balcony to enjoy a picnic lunch – you could even invite some teddy bears too. Serve the leftover tuna with pasta for dinner (it needs to be eaten within two days).</p>	
<p>THURSDAY</p> <p>Speedy cheese and tomato toasts (serves 2) Arrange slices of cheddar and one sliced tomato on top of two slices of bread (like all M&S bread, it contains vitamin D). Grill until bubbling. Enjoy with 1 pot fromage frais each. Top tip: Keep bread in the freezer to help it last longer. If you've got some leftover, blitz stale bread in a food processor to make breadcrumbs that can be used as a crunchy topping for pasta bakes.</p>	
<p>FRIDAY</p> <p>Fish finger sandwiches (serves 2) Cook the M&S chunky breaded cod fish fingers according to the pack instructions. Serve in four slices of bread. Add a squeeze of mayo or your kids' favourite spread from the fridge, if you like. Enjoy with 1 pot fromage frais each. Top tip: If you fancy mixing things up, try serving the fish fingers in wraps instead.</p>	

Get your H2O!

Staying hydrated is super important, so don't forget to enjoy a glass of water with your lunch.



M&S
— FOOD —



"Help Make Tummies Full"

The voluntary group that supported some of our families over the Christmas holidays by donating presents and Christmas hampers, are starting support again at the end of this month and are planning to to prepare hampers to help families over the Easter holiday period. Please let us know if you would like to be nominated for one.

In the meantime, there are local food banks willing to help families:

Bloxwich and Blakenall food Bank

Blakenall Village Centre
Thursdays 11am-1pm
Food bank voucher required
Call 0774730137

Thomas Project, Aldridge, Lazy Hill

01922 452213
Open Wednesdays 10am-1pm and Fridays 3pm-6pm

Food Bank Ablewell Street, Walsall

01922 639700
Opening times are:
Monday 10am – 2pm
Wednesday 10am – 2pm
Friday 10am – 2pm
Saturday 11am – 1pm
**Food bank voucher required*

4 steps to a smile

First Floor, Saddlers Centre, Walsall
Tuesday- Saturday 10am-4pm
Contact Linda: 07941357913
(check out their website or facebook page, they have so much more on offer)

StarFish Charity

Referral via school - School can distribute vouchers or you can contact the charities directly.

We're very much aware of families struggling financially after Christmas. If we can help to reduce food shopping bills slightly it can help to pay for the increase of other bills such as gas and electricity.

Please remember to stay safe, and contact us if you require any advice or support, we are only a phone call away.





Your Health Matters!

Goldsmith Primary Academy is working alongside the **Walsall School Nursing Service**. This service will offer support and advice if you have concerns surrounding health issues.

In these current times, our childrens' physical and mental health is paramount. Please visit this website for ideas of games and activities to help keep your children active, both physically and mentally.

www.healthforkids.co.uk

Contact us!

Should you need to contact the School Nursing Service for any reason please see the contact information below:

Young People's Text number – 07480 635 363

Children in year 6 can contact a School Nurse on this number and ask for advice about any physical or mental health problems. Please share this number with your child if they are in year 6 or above. They can text us anonymously and their text will be answered between 9-5 Monday through to Friday. This is a safe service offered by the NHS.

Parent/carer Text number – 07520 634 909

Parents/carers can contact a School Nurse if they are concerned about their child. We can offer advice about any physical or mental health problem. Your text will be answered between 9-5 Monday through to Friday. This is a safe service offered by the NHS.

Single Point of Access phone line Tel: 01922 423349 and email: schoolnursingduty.walsall@nhs.net

If you would prefer to talk to or email a School Nurse rather than text, you can contact us between 9-5pm Monday to Friday.



Children's Mental Health Week

1st - 7th February

The theme for this year's campaign is "Express yourself". This year is more important than ever for us to look after our children's mental health and wellbeing. Please visit the website below for further information on ways to share feelings, thoughts, or ideas, through creativity. It is about finding a way to show who you are, and how you see the world, that can help you feel good about yourself.

<https://www.childrensmentalhealthweek.org.uk/parents-and-carers/>



Medical information update!

Goldsmith Primary Academy is currently updating all pupil medical care plans.

If your child has a medical condition, please contact school and speak to our Attendance and Medical officer, Mrs Moran. She will be happy to discuss the medical conditions and go through the process of a medical care plan. This also includes all pupils with chronic asthma that have an asthma plan from the asthma clinic. If you need to update information, please call 01922 710128 (option 1).



A Real Superhero Story

This week, Mrs Wilton read a story that contains a very important message. If you have not seen it, please visit our youtube channel to see Mrs Wilton in action: <https://youtu.be/yftPpNk8xUM>



Goldsmith's Home School Heros!

With all this talk of superheroes, Goldsmith Primary Academy would like to acknowledge it's very own superheroes. Each week, teachers will nominate a child from each class and say why they have achieved the title of 'Home School Hero'!. It may be because a child has worked extremely hard and submitted some excellent work, or it could be that they have overcome a challenge they have faced whilst being at home during this difficult time. So let's see who can claim the title of School Hero each week!

Ra - Jasmine P: *With Mum's support, Jasmine has her best try at every task, every day and sends photos for each one. Also for having a go at the tricky challenge tasks!*

Rb - Amanda B: *For sending evidence of not only fabulous home learning, but photos of other experiences every single day since lockdown began. Super home learning support Mum!*

Nursery - Pavanpreet S: *Has produced every piece of work which he's been asked to complete to an excellent standard, and family have emailed the photo's in to the class email.*

Goldilocks - Masarra A: *for engaging in all remote learning and sharing photos of learning.*

Y1a - Iszak D: *For completing every single task linked to the teaching videos, often working from a phone. Mom has been very supportive with learning and emailing endless photos!*

Y1b - Gracie-May N: *For completing every single task linked to the teaching videos. A huge thank you to Mom for embracing home learning!*

Y2a - Husna A: *Husna has been able to use superb questioning skills to find out even more information about a subject, even when in a remote classroom.*

Y2b - Freddie R: *Freddie is a wonder boy! He is able to offer so many great ideas and help to his friends, even through a webcam! Keep it up Freddie!*

Y2c - Manhoor K: *Has consistently put 110% into her live learning and completing all work set. She has turned into a real computer whizkid!*



Y3a - Kataleja B: Logging into every live lesson since day one and completing all tasks set, giving 100% effort with the super support of her mum.

Y3b - Harry L: Logging into every live lesson since day one and completing all tasks set, giving 100% effort with the super support of mum and other family members.

Y4a - Bella H: For being a lead learner in live lessons, supporting the teacher with technical issues and ensuring children can access their documents.

Y4b - Riley R: Riley is present in every live lesson and is always so willing to participate. Riley has been a real asset in ensuring lessons are engaging by always contributing even if he is unsure. He has even made marvellous mistakes and shared these with the class to support learning.

Y5a - Joshua M: He's persevered and completed every single task to the best of his ability and has confidently answered some really tricky questions.

Y5b - Kiarah W: Her perseverance and focus in lessons and always giving 110% in all of the live lessons and any work submitted.

Y6a - Vladyslav K: Signing onto every single lesson so far and being active and engaged with his learning.

Y6b - Lacie-May P: For excellent effort in every online lesson.



Remember, we can all be heroes for one day!

Important: Critical Worker Information

Goldsmith will continue to provide spaces for children of critical workers, if needed. Please follow the government guidelines for the criteria regarding 'critical workers'. As always, places will be provided to those most in need and there are limitations regarding the amount of pupils we can take.