

Windsor Academy Trust

Primary Physical Education Vision



At Windsor Academy Trust we aim for all children aged (3-11 yrs) to have opportunities to reach their physical potential and learn healthy lifestyles through physical education, school sport and physical activity (PESSPA). We aim for Physical Education, Physical Activity and School Sport to be at the heart of school life for children with multiple physical opportunities throughout every school day. We are committed to providing all children with learning opportunities to engage in Physical Education. We inspire and engage children's interest in sporting activities through providing a wide range of opportunities within school, after school and in local competitions. We develop children's interest in physical well-being and healthy lifestyles in order to establish long lasting healthy lifestyles. Our School Sport values encourage children to have respect, passion, teamwork, honesty, self-belief, and determination.

Health

Choosing healthy behaviours and attitudes



- Safe Exercise
- Exercise Effects
- Health Benefits
- Activity Promotion
- Healthy Behaviours

Hands

Developing physical literacy and movements of the body



- Physical Development
- Skill Development
- Technical Development
- Fitness Levels
- Competitive

Heart

Developing positive sporting behaviours through School Games Values



- Determination
- Honesty
- Respect
- Passion
- Self-Belief & Teamwork

Head

Developing thinking skills to improve knowledge and strategies



- Knowledge & Understanding
- Analysis
- Tactical Application
- Decision Making
- Rules
- Creativity