



Goldsmith Primary Academy: Approach To PSHE & RSE

Intent

At Goldsmith Primary Academy, we ensure that all children will develop resilience, confidence and inform pupils' attitudes to life in a modern world. We develop pupils' ability to resist peer pressure and grow in confidence with their own identity, promoting individual decision-making. In line with our WAT RSE policy, we aim to provide children with age-appropriate information, explore attitudes and values and develop skills in order to empower them to make positive decisions about their personal, social, health and relationships related attitudes and behaviour.

Implementation

- **Curriculum Design:** PSHE is taught weekly from Reception to Year 6 using Jigsaw PSHE and aligns with the WAT RSE Policy (2021). The six key themes are: Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships, and Changing Me.
- **EYFS:** Learning follows Development Matters through continuous provision, discussion and play.
- **Approach:** Each lesson follows the Jigsaw structure – Connect Us, Calm Me, Open My Mind, Tell Me/Show Me, Let Me Learn, Help Me Reflect – promoting emotional regulation and collaboration.
- **Enrichment:** PSHE is reinforced through themed weeks such as Anti-Bullying Week, Mental Health Awareness Week and Deaf Awareness Day.
- **Recording:** Evidence is captured in Class Journals or Showbie at least twice per half term.

Impact

- Pupils show empathy, respect and resilience, demonstrating the WAT ASPIRE values.
- Confidence, wellbeing and relationships improve over time, seen in pupil voice and behaviour.
- Links are made across subjects – for example, online safety in Computing and respect in RE.
- **Pupil Voice:**
“In PSHE we learn how to be kind.” – Year 1
“I like it because there’s no judging people.” – Year 5

Assessment

- Formal testing is not used; teachers assess through observation, discussion and pupil reflection.
- Evidence of learning is seen in pupil language, actions and contributions to Aspire Portfolios.
- Class Journals and displays demonstrate understanding of key themes and vocabulary.
- Gaps in knowledge identified through AfL are addressed in Smart Starts or revisited lessons.

Subject Knowledge, Skills and Vocabulary

Our PSHE and RSE curriculum develops self-awareness, empathy and decision-making. Pupils learn to:

- Understand themselves – identify emotions, strengths and areas for growth.
 - Build relationships – show empathy, respect and active listening.
 - Stay healthy – make informed physical and emotional wellbeing choices.
- Develop resilience – manage change, challenge and peer influence positively.
- Communicate effectively – express thoughts and feelings confidently and respectfully.

Progression from EYFS to Year 6 ensures pupils develop the personal and social skills needed to thrive as healthy, confident and responsible citizens.



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Inclusion

PSHE & RSE at Goldsmith ensures inclusion of voice and experience: every pupil, across backgrounds and identities, engages in discussion, reflection and meaningful action. Lessons use differentiated materials and varied modes (discussion, role-play, digital) so that all learners contribute, reflect and progress. Our inclusive approach nurtures resilience, respectful relationships and empowered self-management for every child.